

Engeri y'okusimba ebijanjaako by'ekika kya winged beans

Okusimba n'endabirira

Bulijjo tandika ng'osimbira endokwa munda okusobozesa ensigo okukula amangu era ogattemu ebigimusa ng'osimbuliza okusobozesa emirandira okukula amangu. Okwongerako, teekawo olukomera lwa fuuti bbirimu bugazi era kakasa nti ebirime birina amabanga agamala ku lukomera. Era kikubirizibwa okukoola ebikoola ebito okubisobozesa okukula amangu. Ekirala, ggyamu ebirime ebisusse n'ebikoola era oteekemu ebigimusa okubisobozesa okumulisa.

Okukungula

Kakasa nti otandika okukuula ebijanjaalo bino wiiki bbiri oluvannyuma lw'okumulisa okubiziyiza okukaluba nga tebikyaliika n'okusobozesa ebimuli ebirala okumulisa. Ekisembayo, bulijjo kungulanga ebijanjaalo ebikalu n'emmere y'omu ttaka okwewala okufiirizibwa.